



## Tests and counters

Test yourself and get immediate feedback.

The Alcohol Use Disorders Identification Test (**AUDIT**) developed by the World Health Organization has been found to be effective in identifying excessive consumption.

The Short-form Alcohol Dependence Data Questionnaire (**SADD**) is used for evaluating the degree of addiction.

A **Comprehensive test on alcohol use** provides personalised feedback discussing the absorption and processing of alcohol in the body and annual consumption statistics.

**Counters** allow you to make use of a range of calculators as part of your plan to control drinking.

link

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