



## Tests and counters

Test yourself and get immediate feedback.

The Alcohol Use Disorders Identification Test ([AUDIT](#)) developed by the World Health Organization has been found to be effective in identifying excessive consumption.

The Short-form Alcohol Dependence Data Questionnaire ([SADD](#)) is used for evaluating the degree of addiction.

[A Comprehensive test on alcohol use](#) provides personalised feedback discussing the absorption and processing of alcohol in the body and annual consumption statistics.

[Counters](#) allow you to make use of a range of calculators as part of your plan to control drinking.

link

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