

Welcome to AddictionLink

Since 1996, AddictionLink has been Finland's most popular site dealing with substance abuse and addiction. The website is intended for substance abusers, their families and friends and all those interested in objective information on substances and addiction. The service is also useful for professionals and students working and studying in related fields.

Most people who reduce their use of intoxicating substances or stop using them altogether do so without professional help. The aim of AddictionLink is to help people make use of their own resources and to lower the threshold for seeking support and assistance.

Within AddictionLink you can read up on the latest topics within the addiction scene and test your situation with self assessment tests and self-help tools. Our Info bank contains short articles divided into six different categories: general information, alcohol, drugs, nicotine, behavioural addictions, and services.

For Foreigners

Information for those new to Finland concerning [addiction services and what treatment options](#) are available. Information also in [Estonian](#) and [Arabic](#) .

The website is provided by the A-Clinic Foundation and is available in Finnish, Swedish, English, Russian and sign language.

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Lähde verkko-osoite: <https://paihdelinkki.fi/fi/node/222>